



Scrimmage vs St. Joe's/Mon Don/Notre Dame at St. Joseph High School - Met

3/27/2010

Weather: 49 Degrees, Partly Cloudy

Performer of the Meet: Raymond Hyman

400 Meter IH

Comments

Hyman, Raymond	1:04.10
Cruz, Daniel	1:06.70
Hassan, Kaream	1:08.50
Polt, Kevin	1:13.30

100 Meters

Comments

Rembert, Braeden	12.00
Hines, Andrew	12.50
Milord, Alex	12.70
Pozzo, Galo	12.80
Kelly, Justin	12.90
Madden, John	13.70
Palmer, Barrington	13.90
Leach, Tim	13.90
LeeChow, Cain	14.00
Matthew, Ryan	14.30
Morency, Ozirus	14.30
Allen, Eric	14.60
Scordino, Michael	15.30

Split Times

1600 Meters

Comments

400

400

400

400

2 O'Donnell, Matt	4:50.60	1:07.90	1:14.90	1:14.90	1:12.70
Cahill, Mike	4:55.10	1:07.70	1:14.70	1:16.60	1:16.00
Fuchs, Michael	4:59.90				
Butterly, Brian	5:04.30				
Roberts, Matt	5:18.90				
Majano, Arnold	5:19.00				

400 Meters

Comments

1 Mintel, Mark	53.90
2 DeAngelis, Mike	54.20
Pozzo, Galo	57.60
Milord, Alex	58.90
Costello, Darryl	59.90
Matthew, Ryan	1:06.00
Palmer, Barrington	1:08.00
Scordino, Michael	1:16.60

110 Meter HH

Comments

3 Hyman, Raymond	15.70	<i>School Record</i>
Cruz, Daniel	19.60	
Nash, Jamaad	20.60	
Wang, Thomas	20.70	
Palmer, Barrington	21.40	
LeeChow, Cain	22.50	



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Costello, Darryl

23.60

800 Meters

Comments

2	Seebode, Joe	2:12.70
	Enright, Joey	2:18.20
	O' Reilly, Brendan	2:23.10
	Dlabik, Zach	2:24.00
	Gerlitz, Will	2:26.30
	Coughlan, Kevin	2:28.00
	Gonzalez, Michael	2:32.80
	DiGiovanni, Ken	2:36.00
	Barbosa, Christian	2:43.00
	Dick, Miles	2:53.10
	Miranda, Trevor	3:04.20
	Gagliardi, Greg	3:06.90

200 Meters

Comments

	Hyman, Raymond	24.50
	DeAngelis, Mike	24.60
	Rembert, Braeden	24.70
	Mintel, Mark	25.10
	Hines, Andrew	25.90
	Milord, Alex	26.00
	Edney, Juan	26.30
	Cruz, Daniel	26.90
	Madden, John	28.00
	Costello, Darryl	28.90
	Allen, Eric	30.50
	Leach, Tim	30.70

3200 Meters

Comments

	Cahill, Mike	11:54.40
	Fuchs, Michael	11:54.40

Frosh 4x400 Relay "A"

Comments

	Kelly, Justin	400	1:02.90
	LeeChow, Cain	400	1:03.70
	O' Reilly, Brendan	400	59.70
	Gonzalez, Michael	400	1:04.50
			<u>4:10.80</u>

Frosh 4x400 Relay "B"

Comments

	Wang, Thomas	400	1:01.30
	Barbosa, Christian	400	1:09.70
	Roberts, Matt	400	1:07.00
	Dick, Miles	400	1:08.40
			<u>4:26.40</u>



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4x400 Relay

3rd Place

Comments

Mintel, Mark	400	56.60	
Rembert, Braeden	400	58.10	
O'Donnell, Matt	400	56.60	
Dlabik, Zach	400	1:00.90	
		3:52.20	

Long Jump

Comments

2 Nash, Jamaad	18' 05.50"	
DeAngelis, Mike	17' 11.00"	
Polt, Kevin	17' 07.00"	
Hassan, Kaream	16' 11.00"	
Cruz, Daniel	16' 10.00"	
Hyman, Raymond	16' 05.00"	
Wang, Thomas	15' 09.00"	
Kelly, Justin	13' 08.50"	
Palmer, Barrington	12' 05.00"	

Triple Jump

Comments

1 Nash, Jamaad	39' 03.50"	
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High Jump

Comments

Sarkodie, Alex	5' 08.00"	
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Shot Put

Comments

2 Davidson, Marty	43' 10.50"	
Hyppolite, AJ	41' 03.50"	
Campbell, Andrew	40' 05.00"	<i>PR (+05.75")</i>
Ali, Zaire	36' 02.25"	
Pereira, James	28' 09.50"	
McElroy, Matt	27' 07.00"	
Tiemann, Rich	27' 02.00"	

Discus

Comments

Hyppolite, AJ	100' 07.00"	
Vargo, Brandon	97' 01.00"	
Campbell, Andrew	86' 00.00"	
Ali, Zaire	84' 05.00"	
Tiemann, Rich	77' 01.00"	

Javelin (10:00 AM)

Comments

Campbell, Andrew	120' 01.00"	
Connell, Tim	103' 02.00"	
Edney, Juan	94' 08.00"	



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Vallejo, Steven

67' 10.00"