



# Scrimmage vs St. Joe's/Mon Don/Notre Dame at St. Joseph High School - Met

3/27/2010

Weather: 49 Degrees, Partly Cloudy

Performer of the Meet: Raymond Hyman

## 400 Meter IH

### Comments

Hyman, Raymond	1:04.10
Cruz, Daniel	1:06.70
Hassan, Kaream	1:08.50
Polt, Kevin	1:13.30

## 100 Meters

### Comments

Rembert, Braeden	12.00
Hines, Andrew	12.50
Milord, Alex	12.70
Kelly, Justin	12.90
Madden, John	13.70
Palmer, Barrington	13.90
Leach, Tim	13.90
LeeChow, Cain	14.00
Matthew, Ryan	14.30
Morency, Ozirus	14.30
Allen, Eric	14.60
Scordino, Michael	15.30

## Split Times

## 1600 Meters

### Comments

400

400

400

400

2 O'Donnell, Matt	4:50.60	1:07.90	1:14.90	1:14.90	1:12.70
Cahill, Mike	4:55.10	1:07.70	1:14.70	1:16.60	1:16.00
Fuchs, Michael	4:59.90				
Butterly, Brian	5:04.30				
Roberts, Matt	5:18.90				
Majano, Arnold	5:19.00				

## 400 Meters

### Comments

1 Mintel, Mark	53.90
2 DeAngelis, Mike	54.20
Milord, Alex	58.90
Costello, Darryl	59.90
Matthew, Ryan	1:06.00
Palmer, Barrington	1:08.00
Scordino, Michael	1:16.60

## 110 Meter HH

### Comments

3 Hyman, Raymond	15.70	<i>School Record</i>
Cruz, Daniel	19.60	
Nash, Jamaad	20.60	
Wang, Thomas	20.70	
Palmer, Barrington	21.40	
LeeChow, Cain	22.50	
Costello, Darryl	23.60	



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## 800 Meters

### Comments

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2	Seebode, Joe	2:12.70
	Enright, Joey	2:18.20
	O' Reilly, Brendan	2:23.10
	Dlabik, Zach	2:24.00
	Gerlitz, Will	2:26.30
	Coughlan, Kevin	2:28.00
	Gonzalez, Michael	2:32.80
	DiGiovanni, Ken	2:36.00
	Barbosa, Christian	2:43.00
	Dick, Miles	2:53.10
	Miranda, Trevor	3:04.20
	Gagliardi, Greg	3:06.90

## 200 Meters

### Comments

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	Hyman, Raymond	24.50
	DeAngelis, Mike	24.60
	Rembert, Braeden	24.70
	Mintel, Mark	25.10
	Hines, Andrew	25.90
	Milord, Alex	26.00
	Edney, Juan	26.30
	Cruz, Daniel	26.90
	Madden, John	28.00
	Costello, Darryl	28.90
	Allen, Eric	30.50
	Leach, Tim	30.70

## 3200 Meters

### Comments

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	Cahill, Mike	11:54.40
	Fuchs, Michael	11:54.40

## Frosh 4x400 Relay "A"

### Comments

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	Kelly, Justin	400	1:02.90
	LeeChow, Cain	400	1:03.70
	O' Reilly, Brendan	400	59.70
	Gonzalez, Michael	400	1:04.50
			<b>4:10.80</b>

## Frosh 4x400 Relay "B"

### Comments

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	Wang, Thomas	400	1:01.30
	Barbosa, Christian	400	1:09.70
	Roberts, Matt	400	1:07.00
	Dick, Miles	400	1:08.40
			<b>4:26.40</b>



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## 4x400 Relay

### 3rd Place

#### Comments

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Mintel, Mark	400	56.60
Rembert, Braeden	400	58.10
O'Donnell, Matt	400	56.60
Dlabik, Zach	400	1:00.90
		<b>3:52.20</b>

## Long Jump

#### Comments

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2 Nash, Jamaad	18' 05.50"
DeAngelis, Mike	17' 11.00"
Polt, Kevin	17' 07.00"
Hassan, Kaream	16' 11.00"
Cruz, Daniel	16' 10.00"
Hyman, Raymond	16' 05.00"
Wang, Thomas	15' 09.00"
Kelly, Justin	13' 08.50"
Palmer, Barrington	12' 05.00"

## Triple Jump

#### Comments

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1 Nash, Jamaad	39' 03.50"
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## High Jump

#### Comments

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Sarkodie, Alex	5' 08.00"
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## Shot Put

#### Comments

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2 Davidson, Marty	43' 10.50"	
Hyppolite, AJ	41' 03.50"	
Campbell, Andrew	40' 05.00"	PR (+05.75")
Ali, Zaire	36' 02.25"	
Pereira, James	28' 09.50"	
McElroy, Matt	27' 07.00"	
Tiemann, Rich	27' 02.00"	

## Discus

#### Comments

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Hyppolite, AJ	100' 07.00"
Vargo, Brandon	97' 01.00"
Campbell, Andrew	86' 00.00"
Ali, Zaire	84' 05.00"
Tiemann, Rich	77' 01.00"

## Javelin (10:00 AM)

#### Comments

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Campbell, Andrew	120' 01.00"
Connell, Tim	103' 02.00"
Edney, Juan	94' 08.00"



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Vallejo, Steven

67' 10.00"