



Catholic Conference Championship at Warinanco Park (Boys)

11/6/2010

Need More Focus

Frosh 2.2 Miles (2:20 PM)

4th Place

Comments

Pace

Split Times

1.0 mile

7	Ghizzone, Andrew	12:47.00	<i>PR (-09.00)</i>	5:48
26	Evely, Kenny	13:12.00	<i>PR (-11.40)</i>	6:00
27	Seebode, Jp	13:12.00	<i>PR (-24.40)</i>	6:00
35	Wright, Arthur	13:29.00		6:07
43	Siegal, Derek	13:39.00	<i>PR (-27.70)</i>	6:12
79	Busch, Brandon	14:52.00	<i>PR (-1:08.50)</i>	6:45
84	Nugent, Tim	14:56.00	<i>PR (-4:03.30)</i>	6:47

5:20.00

5:25.00

5:34.00

5:40.00

5:40.00

6:15.00

6:25.00

JV 5250 Meters (3:00 PM)

7th Place

Comments

Pace

Split Times

800

1.0 mile

1.5 miles

2.0 miles

40	Mintel, Mark	19:33.00		5:55	2:45.00	5:50.00	8:42.00	11:44.00
48	DeAngelis, Mike	19:56.00		6:02	2:52.00	6:05.00	9:00.00	12:02.00
51	O' Reilly, Brendan	20:02.00	<i>PR (-47.90)</i>	6:04	2:50.00	5:52.00	8:42.00	11:50.00
62	Ledet, Alex	20:31.00	<i>PR (-2:01.00)</i>	6:13	2:58.00	6:15.00	9:18.00	12:27.00
77	Ghizzone, Zach	21:10.00	<i>PR (-1:43.80)</i>	6:24	2:52.00	6:05.00	9:08.00	12:30.00

Varsity 5250 Meters (3:45 PM)

11th Place

Comments

Pace

800

1.0 mile

1.5 miles

2.0 miles

39	Eke, Allen	17:50.00		5:24	2:25.00	5:13.00	7:45.00	10:33.00
44	Seebode, Joe	17:53.00	<i>PR (-02.20)</i>	5:25	2:35.00	5:26.00	8:03.00	10:51.00
47	Fuchs, Michael	17:56.00	<i>PR (-02.10)</i>	5:26	2:34.00	5:25.00	8:00.00	10:50.00
73	Roberts, Matt	18:36.00	<i>PR (-2:14.10)</i>	5:38	2:41.00	5:40.00	8:20.00	11:23.00
76	Majano, Arnold	18:40.00	<i>PR (-04.90)</i>	5:39	2:41.00	5:40.00	8:23.00	11:22.00
85	Butterly, Brian	18:59.00		5:45	2:40.00	5:39.00	8:25.00	11:28.00
87	Barbosa, Christian	18:53.00	<i>PR (-1:23.00)</i>	5:43	2:39.00	5:37.00	8:20.00	11:26.00

Performer of the Meet: Tim Nugent