



# NJCTC Frosh/Soph Championships at Bennett Complex, Toms River (Girls)

1/30/2010

## Frosh 55 Meters

### Comments

Campbell, Taylor	8.00	<i>Semi,PR (-00.25)</i>
Rudowski, Taylor	8.80	<i>Semi,PR (-01.01)</i>

## Soph 55 Meter Dash

### Comments

London, Shanice	8.50	
Holmes, Jasmine	8.90	
Mccloud, Kayla	9.20	<i>PR (-00.61)</i>

## Frosh 400 Meters

### Comments

### Split Times

			200	200
6	Campbell, Taylor	1:13.20	<i>PR (-00.16)</i>	33.60 39.60

## Frosh 200 Meters

### Comments

Campbell, Taylor	30.20
Rudowski, Taylor	35.20

## Soph 200 Meters

### Comments

London, Shanice	32.20
Holmes, Jasmine	33.70
Mccloud, Kayla	34.50

## Soph 800 Meter Run

### Comments

### Split Times

			200	200	200	200
5	Simcox, Kendra	2:35.80	35.30	38.60	41.00	41.00
	Fox, Sarah	2:47.60	<i>PR (-02.50)</i>	38.50	41.50	46.40 41.10
	Bianco, Christie	2:56.70	<i>PR (-05.68)</i>	39.20	43.60	4.60 47.20

## Fr/Soph 4 x 400 Relay

**6th Place**

### Comments

### Split Times

			200	200
	Simcox, Kendra	400	1:06.60	31.40 35.20
	Fox, Sarah	400	1:13.70	<i>PR (-00.20)</i> 34.60 39.10
	Bianco, Christie	400	1:15.30	35.00 40.30
	London, Shanice	400	1:15.10	34.80 40.30
			<b>4:50.90</b>	

## Shot Put

### Comments

2	Trollo, Megan	28' 03.00"	
	Dalere, Roxanne	18' 04.00"	<i>PR (+07.00")</i>