



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
100 (Open)									
Metuchen Frosh Soph 2	Outdoor	4/15/2005	Friday	100 Meter Dash			13.40		
Meet vs North Plainfield	Outdoor	4/4/2006	Tues	100 Meter Dash			13.20		
Mountain Valley Conference Novice Meet	Outdoor	5/15/2006	Mon	100 Meter Dash			13.00		
110 HH (Open)									
Meet vs North Plainfield	Outdoor	4/5/2005	Tues	110 Meter HH			25.20		
Meet vs Roselle Catholic & Newark	Outdoor	4/19/2005	Tues	110 Meter HH			22.80		
Meet vs Roselle Catholic & Mt. Saint	Outdoor	4/26/2005	Tues	110 Meter HH			24.00		
Scrimmage vs Bishop Ahr	Outdoor	3/24/2006	Friday	110 Meter HH			22.00		
Meet vs North Plainfield	Outdoor	4/4/2006	Tues	110 Meter HH			23.20	2	
Meet vs Governor Livingston and	Outdoor	4/11/2006	Tues	110 Meter HH			23.60		
Meet vs Roselle Catholic & Newark	Outdoor	4/19/2006	Wed	110 Meter HH			24.40		
Meet vs Roselle Catholic & Mt. Saint	Outdoor	4/25/2006	Tues	110 Meter HH			21.90		
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/24/2007	Sat	110 Meter HH			21.20		
200 (Open)									
Meet vs North Plainfield	Outdoor	4/5/2005	Tues	200 Meter			29.30		
Metuchen Frosh Soph 1	Outdoor	4/8/2005	Friday	200 Meter			27.60		
Meet vs Roselle Catholic & Newark	Outdoor	4/19/2005	Tues	200 Meter			26.80		
NJCTC Frosh/Soph Championships	Outdoor	4/22/2005	Friday	200 Meter			26.90		
Meet vs Roselle Catholic & Mt. Saint	Outdoor	4/26/2005	Tues	200 Meter			27.70		
Mountain Valley Conference Novice Meet	Outdoor	5/16/2005	Mon	200 Meter			26.30		
Scrimmage vs Bishop Ahr	Outdoor	3/24/2006	Friday	200 Meter			27.30		
Meet vs North Plainfield	Outdoor	4/4/2006	Tues	200 Meter			26.90		
Metuchen Frosh Soph 1	Outdoor	4/7/2006	Friday	200 Meter			26.90		
Meet vs Governor Livingston and	Outdoor	4/11/2006	Tues	200 Meter			25.70		
Meet vs Roselle Catholic & Newark	Outdoor	4/19/2006	Wed	200 Meter			28.10		
Meet vs Roselle Catholic & Mt. Saint	Outdoor	4/25/2006	Tues	200 Meter			27.10		
Metuchen Frosh Soph 4	Outdoor	5/12/2006	Friday	200 Meter			25.90		
Mountain Valley Conference Novice Meet	Outdoor	5/15/2006	Mon	200 Meter			26.30		
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/24/2007	Sat	200 Meter			26.90		



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Meet vs Governor Livingston and	Outdoor	4/10/2007	Tues	200 Meter			25.90		
Meet vs Cranford and Hillside	Outdoor	4/17/2007	Tues	200 Meter			26.60		
Meet vs Arthur L Johnson	Outdoor	4/1/2008	Tues	200 Meter			25.50		
Meet vs Governor Livingston and	Outdoor	4/10/2008	Thurs	200 Meter			25.30		
200 (Relay)									
NJCTC Relays	Outdoor	4/24/2005	Sun	4 x 200 Meter			26.10		
Mountain Valley Conference Relay	Outdoor	5/3/2005	Tues	4 x 200 Meter			26.80		
Herm Johnson Relays	Outdoor	4/8/2006	Sat	4 x 200 Meter			25.90		
Herm Johnson Relays	Outdoor	4/8/2006	Sat	SMR 2-2-4-8			26.90		
Metuchen Frosh Soph 3	Outdoor	5/5/2006	Friday	4 x 200 Meter			25.60		
Mountain Valley Conference Relay	Outdoor	5/1/2007	Tues	SMR 2-2-4-8			25.30		
Blue Devil Classic	Outdoor	4/18/2009	Sat	4 x 200 Meter			25.00		
400 (Open)									
NJCTC Frosh/Soph Championships	Outdoor	4/22/2005	Friday	400 Meter			59.90		
Mountain Valley Conference Novice Meet	Outdoor	5/16/2005	Mon	400 Meter			1:01.00		
Metuchen Frosh Soph 1	Outdoor	4/7/2006	Friday	400 Meter			59.90		
Meet vs Governor Livingston and	Outdoor	4/11/2006	Tues	400 Meter			1:00.30		
Meet vs Roselle Catholic & Newark	Outdoor	4/19/2006	Wed	400 Meter			59.30		
NJCTC Frosh Soph Championships	Outdoor	5/21/2006	Sun	400 Meter			58.20		PR
Meet vs Roselle Catholic	Outdoor	4/3/2007	Tues	400 Meter			1:01.00		
Meet vs Governor Livingston and	Outdoor	4/10/2007	Tues	400 Meter			58.00		
Mountain Valley Conference Novice Meet	Outdoor	5/14/2007	Mon	400 Meter			56.70		
400 (Relay)									
Blue Devil Classic	Outdoor	4/15/2006	Sat	DMR 12-4-8-16			1:00.70		
Metuchen Frosh Soph 4	Outdoor	5/12/2006	Friday	4 x 400 Meter			57.40		
Mountain Valley Conference Novice Meet	Outdoor	5/15/2006	Mon	4 x 400 Meter			57.70		
Meet vs Governor Livingston and	Outdoor	4/10/2007	Tues	4 x 400 Meter			1:00.00		
Blue Devil Classic	Outdoor	4/21/2007	Sat	4 x 400 Meter			56.60		
Mountain Valley Conference Novice Meet	Outdoor	5/14/2007	Mon	4 x 400 Meter			56.70		
Meet vs Cranford and Hillside	Outdoor	4/15/2008	Tues	4 x 400 Meter			57.20		



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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Long Jump									
Mountain Valley Conference Novice Meet	Outdoor	5/15/2006	Mon	Long Jump			17' 00.00"		
Mountain Valley Conference Novice Meet	Outdoor	5/14/2007	Mon	Long Jump			17' 00.00"		
Union County Championships	Outdoor	5/19/2007	Sat	Long Jump			17' 06.00"		
Meet vs Arthur L Johnson	Outdoor	4/1/2008	Tues	Long Jump					
Meet vs Governor Livingston and	Outdoor	4/10/2008	Thurs	Long Jump			17' 10.00"		
Meet vs Cranford and Hillside	Outdoor	4/15/2008	Tues	Long Jump					
Mountain Valley Conference Relay	Outdoor	4/29/2008	Tues	Long Jump			17' 09.00"		
Union County Relay Championships	Outdoor	5/2/2008	Friday	Long Jump			16' 11.50"		
Blue Devil Classic	Outdoor	4/18/2009	Sat	Long Jump					
Triple Jump									
Meet vs Arthur L Johnson	Outdoor	4/1/2008	Tues	Triple Jump					
Meet vs Governor Livingston and	Outdoor	4/10/2008	Thurs	Triple Jump			35' 01.00"		
Meet vs Cranford and Hillside	Outdoor	4/15/2008	Tues	Triple Jump					