



# Boys XC / Track / Field

## Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
<b>1.0 mile (Open)</b>									
Union County Frosh/Soph	Indoor	1/18/2006	Wed	1.0 Mile Run			5:47.50	5	
Meet vs Elizabeth & Trenton	Indoor	12/20/2006	Wed	1.0 Mile Run			5:25.00		
Union County Individuals	Indoor	1/31/2007	Wed	1.0 Mile Run			5:21.40		
<b>2.0 miles (Open)</b>									
Meet vs Elizabeth & Trenton	Indoor	12/20/2006	Wed	2.0 Mile Run			11:39.00	3	
Union County Championship	Indoor	1/30/2008	Wed	2.0 Mile Run			10:59.50	7	
<b>200 (Relay)</b>									
Marine Corps Holiday Classic	Indoor	12/27/2007	Thurs	SMR 4-2-2-8			27.60		
<b>220 Y (Relay)</b>									
Union County Frosh/Soph	Indoor	1/18/2006	Wed	1.0 Mile Relay			1:14.00		
<b>800 (Open)</b>									
Spiked Shoe Holiday Festival	Indoor	12/20/2004	Mon	800 Meter			2:55.10		
Meet vs Roselle Catholic & Newark	Outdoor	4/19/2005	Tues	800 Meter			2:47.00		
NJCTC Frosh Soph Championships	Outdoor	5/21/2006	Sun	800 Meter			2:42.80		PR
Mountain Valley Conference Novice Meet	Outdoor	5/14/2007	Mon	800 Meter			2:18.30		
<b>800 (Relay)</b>									
Tony Passarelli Relays	Indoor	12/17/2006	Sun	4 x 800 Meter			2:29.20		
Seton Hall Invitational - Individual	Indoor	12/27/2006	Wed	4 x 800 Meter			2:27.20		
New Balance Games	Indoor	1/20/2007	Sat	4 x 800 Meter			2:21.80		
Union County Novice Meet	Indoor	2/5/2007	Mon	4 x 800 Meter			2:27.70		
Blue Devil Classic	Outdoor	4/21/2007	Sat	4 x 800 Meter			2:18.50		
Mountain Valley Conference Relay	Outdoor	5/1/2007	Tues	SMR 2-2-4-8			2:15.40		
Marine Corps Holiday Classic	Indoor	12/27/2007	Thurs	4 x 800 Meter			2:15.90		
Seton Hall Games	Indoor	12/28/2007	Friday	4 x 800 Meter			2:20.60		
Catholic Conference Relays	Indoor	1/6/2008	Sun	4 x 800 Meter			2:13.90		
New Balance Games	Indoor	1/19/2008	Sat	4 x 800 Meter			2:11.90		
Union County Relay Championships	Outdoor	5/2/2008	Friday	SMR 2-2-4-8			2:13.20		
<b>880 Y (Open)</b>									
Union County Frosh/Soph	Indoor	1/19/2005	Wed						



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<b>1000 (Open)</b>									
NJCTC Frosh/Soph Championships	Indoor	2/6/2005	Sun	1000 Meter			3:37.40		
<b>1000 Y (Relay)</b>									
Union County Novice Meet	Indoor	2/5/2007	Mon	DMR 8-2-4-1K			3:27.90		
<b>1200 (Relay)</b>									
Catholic Conference Relays	Indoor	1/6/2008	Sun	DMR 12-4-8-16			3:34.60		
Non Public State Relays	Indoor	1/11/2008	Friday	DMR 12-4-8-16			3:36.90		
<b>1600 (Open)</b>									
Mountain Valley Conference	Indoor	1/8/2005	Sat	1600 Meter			6:20.70		
Meet vs North Plainfield	Outdoor	4/5/2005	Tues	1600 Meter			6:00.00		
Meet vs Roselle Catholic & Mt. Saint	Outdoor	4/26/2005	Tues	1600 Meter			6:07.30		
Mountain Valley Conference	Indoor	1/7/2006	Sat	1600 Meter			5:42.27	10	PR
Meet vs North Plainfield	Outdoor	4/4/2006	Tues	1600 Meter			5:54.00		
Metuchen Frosh Soph 4	Outdoor	5/12/2006	Friday	1600 Meter			5:32.60		
NJCTC Frosh Soph Championships	Outdoor	5/21/2006	Sun	1600 Meter			5:48.30		
Seton Hall Invitational - Individual	Indoor	12/27/2006	Wed	1600 Meter			5:22.80		
Meet vs Roselle Catholic	Outdoor	4/3/2007	Tues	1600 Meter			5:17.00		
Mountain Valley Conference Novice Meet	Outdoor	5/14/2007	Mon	1600 Meter			5:01.00	6	
Union County Championships	Outdoor	5/19/2007	Sat	1600 Meter			5:01.30		
Catholic Conference Championships	Outdoor	5/27/2007	Sun	1600 Meter			4:55.57		
Non Public A State Championships	Outdoor	6/1/2007	Friday	1600 Meter			4:59.86	41	
Mountain Valley Conference	Indoor	1/5/2008	Sat	1600 Meter			5:02.59	8	
Catholic Conference Championship	Indoor	2/8/2008	Friday	1600 Meter			5:07.20		
<b>1600 (Relay)</b>									
Tony Passarelli Relays	Indoor	12/17/2006	Sun	DMR 12-4-8-16			5:16.00		
Union County Relay Championships	Outdoor	5/2/2008	Friday	4 x 1600 Meter			5:00.70		
Blue Devil Classic	Outdoor	4/18/2009	Sat	DMR 12-4-8-16			4:56.10		
<b>2.1 miles</b>									
Union County Championship	Warinanco Park	11/3/2004	Wed				14:24.00	20	



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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
<b>2.2 miles</b>									
Bernie Magee Class Meet	Warinanco Park	9/18/2004	Sat	2.2 Mile			16:50.94	183	
Stewart Memorial Invitational	Warinanco Park	9/25/2004	Sat	2.2 Mile			15:15.00	103	PR
Catholic Conference Championship	Warinanco Park	10/30/2004	Sat	2.2 Mile			14:24.00	58	PR
<b>2.5 Miles</b>									
Eastern States Championship	Van Cortlandt Park, NY	10/15/2005	Sat				16:44.00	86	
Manhattan College Invitational	Van Cortlandt Park, NY	10/14/2006	Sat				15:29.00		PR
<b>3000 (Open)</b>									
Season Opener	Indoor	12/23/2007	Sun				10:29.24		
<b>3200</b>									
Shore Coaches Invitational	Holmdel Park	10/2/2004	Sat	3200 Meter Run			14:42.00	80	
Mountain Valley Conference	Pleasant Valley Park	10/13/2004	Wed	3200 Meter Run			14:04.00	10	
<b>3200 (Open)</b>									
NJCTC Frosh/Soph Championships	Indoor	2/5/2006	Sun	3200 Meter			11:36.70		
Scrimmage vs Bishop Ahr	Outdoor	3/24/2006	Friday	3200 Meter			11:26.90		
NJCTC Championships	Indoor	1/27/2007	Sat	3200 Meter			11:07.21	30	
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/24/2007	Sat	3200 Meter			11:26.90		
Meet vs Roselle Catholic	Outdoor	4/3/2007	Tues	3200 Meter			11:26.00		
Mountain Valley Conference	Indoor	1/5/2008	Sat	3200 Meter			10:56.90	7	
Catholic Conference Championship	Indoor	2/8/2008	Friday	3200 Meter			10:45.20		
Non Public A State Championship	Indoor	2/16/2008	Sat	3200 Meter			10:23.30	13	PR
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/22/2008	Sat	3200 Meter			11:12.20		
Meet vs Arthur L Johnson	Outdoor	4/1/2008	Tues	3200 Meter			11:01.80	3	
Union County Championships	Outdoor	5/17/2008	Sat	3200 Meter					
<b>5000</b>									
UC -vs- Manville	Manville High School	10/5/2004	Tues	5K			22:08.00	10	
UC -vs- Bound Brook, Oratory Prep, Oak	Middlesex High School	9/13/2005	Tues	5K			21:28.00	20	
Mountain Valley Conference	Pleasant Valley Park	11/8/2005	Tues	5K			20:53.00	31	
Non Public A State Championship	Holmdel Park	11/12/2005	Sat	5K			21:31.00	130	
Mountain Valley Conference	Pleasant Valley Park	10/10/2006	Tues	5K			19:43.00	20	PR



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Non Public A State Championship	Holmdel Park	11/11/2006	Sat	5K			19:28.00	105	PR
Non Public A State Championship	Holmdel Park	11/10/2007	Sat	5K			18:02.00	48	PR
<b>5150</b>									
UC -vs- Dayton	Warinanco Park	10/6/2004	Wed	5150 Meters			21:30.00	8	
UC -vs- New Providence	Warinanco Park	9/20/2005	Tues	5150 Meters			21:25.00	13	PR
UC -vs- Dayton, Technology	Warinanco Park	9/27/2005	Tues	5150 Meters			20:31.00	9	PR
UC -vs- Manville	Warinanco Park	10/5/2005	Wed	5150 Meters			20:38.00	6	
Union County Championship	Warinanco Park	10/26/2005	Wed	5150 Meters			19:47.00		PR
UC -vs- Arthur L. Johnson, Newark	Warinanco Park	9/12/2006	Tues	5150 Meters			19:53.00	6	
UC -vs- Cranford	Warinanco Park	9/19/2006	Tues	5150 Meters			20:05.00	12	
UC -vs- Rahway, Governor Livingston	Warinanco Park	9/26/2006	Tues	5150 Meters			20:04.00	14	
UC -vs- Arthur L. Johnson, Rahway,	Warinanco Park	10/3/2006	Tues	5150 Meters			19:53.00	8	
Union County Championship	Warinanco Park	10/25/2006	Wed	5150 Meters			18:49.00		PR
UC -vs- Cranford	Warinanco Park	9/18/2007	Tues	5150 Meters			18:23.00	2	PR
UC -vs- Rahway	Warinanco Park	9/25/2007	Tues	5150 Meters			18:30.00	2	
Mountain Valley Conference	Warinanco Park	10/9/2007	Tues	5150 Meters			18:10.00	9	PR
Union County Championship	Warinanco Park	10/24/2007	Wed	5150 Meters			18:12.00	36	
<b>5250</b>									
Bernie Magee Class Meet	Warinanco Park	9/17/2005	Sat	5250 Meters			21:12.40	74	
Stewart Memorial Invitational	Warinanco Park	9/24/2005	Sat	5250 Meters			20:50.00	106	PR
Catholic Conference Championship	Warinanco Park	11/5/2005	Sat	5250 Meters			19:53.00	115	PR
Bernie Magee Class Meet	Warinanco Park	9/23/2006	Sat	5250 Meters			19:58.00	66	
Stewart Memorial Invitational	Warinanco Park	9/30/2006	Sat	5250 Meters			19:21.00	81	PR
Catholic Conference Championship	Warinanco Park	11/4/2006	Sat	5250 Meters			18:50.00	90	PR
Old Bridge Class Meet	Thompson Park	9/15/2007	Sat	5250 Meters			18:36.00	16	
Bernie Magee Class Meet	Warinanco Park	9/22/2007	Sat	5250 Meters			18:47.00	48	PR
Stewart Memorial Invitational	Warinanco Park	9/28/2007	Friday	5250 Meters			18:59.00	34	
Catholic Conference Championship	Warinanco Park	11/3/2007	Sat	5250 Meters			18:26.00	62	PR