



# Boys XC / Track / Field

## Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
<b>200 (Open)</b>									
Metuchen Frosh Soph 4	Outdoor	5/11/2007	Friday	200 Meter			26.40		
<b>220 Y (Relay)</b>									
Meet vs Elizabeth & Trenton	Indoor	12/20/2006	Wed	1.0 Mile Relay			1:01.70		
<b>400 (Relay)</b>									
Meet vs Roselle Catholic & Newark	Outdoor	4/19/2006	Wed	4 x 400 Meter			1:01.10		
Metuchen Frosh Soph 4	Outdoor	5/12/2006	Friday	DMR 12-4-8-16			58.40		
Metuchen Frosh Soph 4	Outdoor	5/12/2006	Friday	4 x 400 Meter			1:00.80		
Mountain Valley Conference Novice Meet	Outdoor	5/15/2006	Mon	4 x 400 Meter			59.50		
Union County Novice Meet	Indoor	2/5/2007	Mon	4 x 400 Meter			1:00.30		
NJCTC Frosh/Soph Championships	Indoor	2/11/2007	Sun	4 x 400 Meter			57.60		
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/24/2007	Sat	4 x 400 Meter			59.40		
Meet vs Roselle Catholic	Outdoor	4/3/2007	Tues	4 x 400 Meter			57.90		
Meet vs Cranford and Hillside	Outdoor	4/17/2007	Tues	4 x 400 Meter			58.00		
Catholic Conference Relays	Indoor	1/6/2008	Sun	4 x 400 Meter			58.20		
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/22/2008	Sat	4 x 400 Meter			58.70		
Meet vs Arthur L Johnson	Outdoor	4/1/2008	Tues	4 x 400 Meter			57.60		
Meet vs Governor Livingston and	Outdoor	4/10/2008	Thurs	4 x 400 Meter			57.20		
<b>440 Y (Relay)</b>									
Union County Novice Meet	Indoor	2/5/2007	Mon	DMR 8-2-4-1K			1:00.60		
<b>600 (Open)</b>									
NJCTC Frosh/Soph Championships	Indoor	2/11/2007	Sun	600 Meter			1:37.00		
<b>800 (Open)</b>									
Scrimmage vs Bishop Ahr	Outdoor	3/24/2006	Friday	800 Meter			2:34.00		
Meet vs North Plainfield	Outdoor	4/4/2006	Tues	800 Meter			2:29.00		
Meet vs Governor Livingston and	Outdoor	4/11/2006	Tues	800 Meter			2:22.30		
Meet vs Roselle Catholic & Newark	Outdoor	4/19/2006	Wed	800 Meter			2:18.40		
Meet vs Roselle Catholic & Mt. Saint	Outdoor	4/25/2006	Tues	800 Meter			2:17.20		
Metuchen Frosh Soph 3	Outdoor	5/5/2006	Friday	800 Meter			2:17.90		
Mountain Valley Conference Novice Meet	Outdoor	5/15/2006	Mon	800 Meter			2:14.60	3	



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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
NJCTC Frosh Soph Championships	Outdoor	5/21/2006	Sun	800 Meter			2:20.70		
Seton Hall Invitational - Individual	Indoor	12/27/2006	Wed	800 Meter			2:13.25		
Meet vs Roselle Catholic	Outdoor	4/3/2007	Tues	800 Meter			2:11.40		
Meet vs Governor Livingston and	Outdoor	4/10/2007	Tues	800 Meter			2:15.00	2	
Meet vs Cranford and Hillside	Outdoor	4/17/2007	Tues	800 Meter			2:10.00		
Mountain Valley Conference Novice Meet	Outdoor	5/14/2007	Mon	800 Meter			2:20.00		
Season Opener	Indoor	12/23/2007	Sun	800 Meter			2:14.28		
Mountain Valley Conference	Indoor	1/5/2008	Sat	800 Meter			2:18.48	10	
Catholic Conference Championship	Indoor	2/8/2008	Friday	800 Meter			2:11.10		
Meet vs Arthur L Johnson	Outdoor	4/1/2008	Tues	800 Meter			2:10.80	3	
Meet vs Governor Livingston and	Outdoor	4/10/2008	Thurs	800 Meter			2:10.40		
<b>800 (Relay)</b>									
Herm Johnson Relays	Outdoor	4/8/2006	Sat	4 x 800 Meter			2:26.50		
Hillsborough Raider Relays	Outdoor	4/22/2006	Sat	SMR 4-2-2-8			2:24.30		
Hillsborough Raider Relays	Outdoor	4/22/2006	Sat	4 x 800 Meter			2:10.60		
Mountain Valley Conference Relay	Outdoor	5/3/2006	Wed	SMR 2-2-4-8			2:16.20		
Tony Passarelli Relays	Indoor	12/17/2006	Sun	4 x 800 Meter			2:19.00		
Tony Passarelli Relays	Indoor	12/17/2006	Sun	DMR 12-4-8-16			2:17.30		
Seton Hall Invitational - Individual	Indoor	12/27/2006	Wed	4 x 800 Meter			2:14.40		
Seton Hall Invitational - Individual	Indoor	12/27/2006	Wed	DMR 12-4-8-16			2:18.90		
Catholic Conference Relays	Indoor	1/7/2007	Sun	DMR 12-4-8-16			2:10.90		
Catholic Conference Relays	Indoor	1/7/2007	Sun	4 x 800 Meter			2:17.20		
Union County Relay Championship	Indoor	1/10/2007	Wed	DMR 8-4-12-16			2:16.00		
Union County Relay Championship	Indoor	1/10/2007	Wed	4 x 800 Meter			2:17.80		
Cranford Cougar Classic Relays	Outdoor	4/14/2007	Sat	4 x 800 Meter			2:10.60		
Blue Devil Classic	Outdoor	4/21/2007	Sat	4 x 800 Meter			2:10.20		
Mountain Valley Conference Relay	Outdoor	5/1/2007	Tues	4 x 800 Meter			2:10.10		
Marine Corps Holiday Classic	Indoor	12/27/2007	Thurs	DMR 12-4-8-16			2:12.10		
Marine Corps Holiday Classic	Indoor	12/27/2007	Thurs	4 x 800 Meter			2:11.10		
Seton Hall Games	Indoor	12/28/2007	Friday	4 x 800 Meter			2:12.80		
Catholic Conference Relays	Indoor	1/6/2008	Sun	DMR 12-4-8-16			2:12.10		



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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Non Public State Relays	Indoor	1/11/2008	Friday	4 x 800 Meter			2:10.50		
New Balance Games	Indoor	1/19/2008	Sat	4 x 800 Meter			2:13.70		
Blue Devil Classic	Outdoor	4/18/2009	Sat	DMR 12-4-8-16			2:12.80		
<b>880 Y (Open)</b>									
Meet vs Elizabeth & Trenton	Indoor	12/20/2006	Wed	880 Yard			2:20.00	4	
Union County Individuals	Indoor	1/31/2007	Wed	880 Yard			2:16.00	6	
Union County Championship	Indoor	1/30/2008	Wed	880 Yard			2:13.60	5	
<b>1000 (Open)</b>									
NJCTC Championships	Indoor	1/27/2007	Sat	1000 Meter			2:51.20	16	
<b>1200 (Relay)</b>									
Blue Devil Classic	Outdoor	4/21/2007	Sat	DMR 12-4-8-16			3:32.10		
<b>1500 (Relay)</b>									
Catholic Conference Relays	Outdoor	4/13/2008	Sun	1500 Meter			4:38.20		
<b>1600 (Open)</b>									
NJCTC Championships	Indoor	1/27/2007	Sat	1600 Meter			4:58.55	20	
Group 1 State Championship	Indoor	2/15/2007	Thurs	1600 Meter			4:55.58	23	
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/24/2007	Sat	1600 Meter			5:04.40		
Meet vs Governor Livingston and	Outdoor	4/10/2007	Tues	1600 Meter			5:00.00	1	
Mountain Valley Conference Novice Meet	Outdoor	5/14/2007	Mon	1600 Meter			4:57.00	3	
Catholic Conference Championship	Indoor	2/8/2008	Friday	1600 Meter			5:02.30		
Lou Molina Invitational	Indoor	2/11/2008	Mon	1600 Meter			4:59.60	6	
Non Public A State Championship	Indoor	2/16/2008	Sat	1600 Meter			4:53.35	14	PR
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/22/2008	Sat	1600 Meter			5:02.90		
Union County Championships	Outdoor	5/17/2008	Sat	1600 Meter			5:07.30		
<b>1600 (Relay)</b>									
Cranford Cougar Classic Relays	Outdoor	4/14/2007	Sat	4 x 1600 Meter			4:59.70		
Union County Relay Championships	Outdoor	5/3/2007	Thurs	4 x 1600 Meter			5:05.60		
Metuchen Frosh Soph 4	Outdoor	5/11/2007	Friday	DMR 12-4-8-16			4:59.80		
Union County Relay Championships	Outdoor	5/2/2008	Friday	4 x 1600 Meter			4:49.20		



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## Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
<b>2.5 Miles</b>									
Manhattan College Invitational	Van Cortlandt Park, NY	10/13/2007	Sat				15:15.00		
<b>3200 (Open)</b>									
Mountain Valley Conference	Outdoor	5/8/2007	Tues	3200 Meter			11:37.00		
Mountain Valley Conference	Outdoor	5/5/2008	Mon	3200 Meter			11:25.20		
<b>5000</b>									
Non Public A State Championship	Holmdel Park	11/10/2007	Sat	5K			19:36.00	125	
<b>5150</b>									
UC -vs- Cranford	Warinanco Park	9/18/2007	Tues	5150 Meters			18:58.00	7	
UC -vs- Rahway	Warinanco Park	9/25/2007	Tues	5150 Meters			19:22.00	7	
UC -vs- Arthur L. Johnson, Rahway,	Warinanco Park	10/2/2007	Tues	5150 Meters			19:02.00	9	
Mountain Valley Conference	Warinanco Park	10/9/2007	Tues	5150 Meters			19:02.00	21	
Union County Championship	Warinanco Park	10/24/2007	Wed	5150 Meters			19:04.00	52	
<b>5250</b>									
Old Bridge Class Meet	Thompson Park	9/15/2007	Sat	5250 Meters			20:45.00	50	
Bernie Magee Class Meet	Warinanco Park	9/22/2007	Sat	5250 Meters			20:36.00	113	
Stewart Memorial Invitational	Warinanco Park	9/28/2007	Friday	5250 Meters			19:56.00	62	PR
Catholic Conference Championship	Warinanco Park	11/3/2007	Sat	5250 Meters			19:15.00	100	PR