



# Meet vs Roselle Park at Roselle Park High School (Boys)

4/20/2004

## 100 Meters

### Comments

Cooper, Lamar	11.8	
Cole, Jenner	11.9	<i>PR (-00.60)</i>
Messercola, Marco	13.00	
Shin, Young	13.20	<i>PR (-00.50)</i>
Gordon, Jamal	15.40	
Brothers, Andrew	14.70	<i>PR (-00.60)</i>

## 400 Meters

### Comments

2 Morrisey, Nick	1:00.00	<i>PR (-00.10)</i>
3 Latham, Paul	1:03.40	
Adams, Alvin	1:08.00	

## 800 Meters

### Comments

1 Pais, Jon	2:16.50	
2 Guterl, Brian	2:21.60	
Toczyłowski, Mike	2:30.00	
Howard-Franklin, Tyrell	2:30.00	

## 1600 Meters

### Comments

1 Poirier, Matt	5:05.80	
2 Sprague, Mike	5:48.10	

## 200 Meters

### Comments

1 Cooper, Lamar	24.60	<i>PR (-00.20)</i>
2 Cole, Jenner	24.90	<i>PR (-00.20)</i>
3 Shin, Young	27.20	<i>PR (-00.10)</i>
Messercola, Marco	27.30	
Brothers, Andrew	33.30	
Gordon, Jamal	38.50	

## 4x400 Relay "A"

### 1st Place

### Comments

Pais, Jon	400	58.60
Howard-Franklin, Tyrell	400	1:03.40
Morrisey, Nick	400	1:03.30
Cooper, Lamar	400	56.50
		<b>4:01.90</b>

## 4x400 Relay "B"

### 2nd Place

### Comments

Sprague, Mike	400	59.30
Toczyłowski, Mike	400	1:03.20
Latham, Paul	400	1:07.10
Cole, Jenner	400	57.00
		<b>4:06.50</b>