



Mountain Valley Conference Relay at Ridge High School (Boys)

4/28/2004, 4/29/2004

SMR 2-2-4-8

7th Place

Comments

Cooper, Lamar	200	24.50
Cole, Jenner	200	24.70
Poirier, Matt	400	56.60
Guterl, Brian	800	2:15.80
		<u>4:01.5</u>

DMR 12-4-8-16

4th Place

Comments

Guterl, Brian	1200	3:34.50
Cooper, Lamar	400	57.30
Pais, Jon	800	2:11.20
Poirier, Matt	1600	4:50.80
		<u>11:33.00</u>