



NJCTC Relays at Notre Dame High School (Boys)

4/24/2005

4x100 Relay

6th Place

Comments

Ellis, Garrett	100	
Brown, Brandon	100	
Cole, Jenner	100	
Cardadeiro, Jon	100	
		<u>46.30</u>

Soph 4x400 Relay

Comments

Mitchell, Dwight	400	1:00.59
Kilkenny, Ryan	400	1:03.60
Rollins, Kyle	400	1:05.20
Larkin, Todd	400	1:02.19
		<u>4:11.07</u>

Frosh 4x200 Relay

Comments

Rollins, Kyle	200	25.40
Powis, Ken	200	29.30
Belcher, Reggie	200	26.10
Buczynski, Mike	200	26.60
		<u>1:48.80</u>

Shot Put (Team)

6th Place

Comments

Seemon, Marc		
Eke, Charles		
		<u>84' 08.75"</u>

4x200 Relay

4th Place

Comments

Ellis, Garrett	200	23.10
Morrissey, Nick	200	24.00
Cole, Jenner	200	24.50
Cardadeiro, Jon	200	22.90
		<u>1:34.40</u>

Discus (Team)

6th Place

Comments

Seemon, Marc		
Eke, Charles		
		<u>227' 09.00"</u>

DMR 12-4-8-16

5th Place

Comments

Sprague, Mike	1200	3:31.90
Brown, Brandon	400	56.60
Pais, Jon	800	2:16.10
Guterl, Brian	1600	4:50.30
		<u>11:35.10</u>

4x400 Relay

4th Place

Comments

Ellis, Garrett	400	52.80
Morrissey, Nick	400	53.90
Cole, Jenner	400	54.90
Cardadeiro, Jon	400	53.20
		<u>3:34.60</u>

Long Jump (Team)

4th Place

Comments

Cardadeiro, Jon	18' 05.00"
Cole, Jenner	17' 09.25"
Brown, Brandon	17' 04.25"
	<u>53' 6' 50"</u>

4x800 Relay

6th Place

Comments

Sprague, Mike	800	2:09.00
Kilkenny, Ryan	800	2:19.30
Pais, Jon	800	2:09.90
Guterl, Brian	800	2:08.80
		<u>8:47.80</u>