



Mountain Valley Conference Championship at Governor Livingston High School

5/10/2005, 5/11/2005

400 Meter IH	Comments
Pais, Jon	1:05.00

High Jump	Comments
4 Howard-Franklin, Tyrell	5' 04.00"
5 Larkin, Todd	5' 04.00"
Nesi, Joe	5' 02.00"

100 Meters	Comments
Ellis, Garrett	11.10
Cardadeiro, Jon	11.20
Cole, Jenner	11.70

1600 Meters	Comments
1 Guterl, Brian	4:29.60
6 Sprague, Mike	4:48.80

400 Meters	Comments
2 Ellis, Garrett	51.90
6 Cardadeiro, Jon	52.30
Morrissey, Nick	53.80

800 Meters	Comments
Sprague, Mike	2:08.30
Kilkenny, Ryan	2:14.30

200 Meters	Comments
4 Cardadeiro, Jon	23.10
Brown, Brandon	24.10

3200 Meters	Comments
1 Guterl, Brian	10:18.80
Lenard, Dave	12:11.56

4x400 Relay	Comments
3rd Place	
Morrissey, Nick	400 54.10
Guterl, Brian	400 53.30
Cole, Jenner	400 52.80
Cardadeiro, Jon	400 52.40
	3:32.60

Long Jump	Comments
6 Cole, Jenner	19' 06.25"
Brown, Brandon	17' 06.00"