



Scrimmage vs St. Joes Mon Don ND at St. Joseph High School - Met (Boys)

3/22/2008

100 Meters		Comments
2	Kelly, Brandon	12.30
	Robertson, Djani	16.60
	Majano, John	15.20
	Beaty, Mike	12.70
	Cowherd, Michael	11.70
	Towner, Kevin	12.70

1600 Meters		Comments
	Enright, Joey	6:00.10
	Landry, Joe	6:20.20
	Mintel, Mark	6:12.00
	Seebode, Joe	5:56.30
	Niziolek, Alex	4:53.10
	Kinney, Russell	5:02.90
	Mulligan, Kevin	5:18.20
	O'Donnell, Matt	5:36.30
	Krienke, Robbie	5:41.60
	Cahill, Mike	5:42.40

400 Meters		Comments
	Kelly, Brandon	1:00.80
	Hyman, Raymond	1:11.40
	Nwafor, Obinna	53.40
	Pinkard, Aaron	58.20
	Cowherd, Michael	55.40
	Towner, Kevin	1:07.90

110 Meter HH		Comments
	Beaty, Mike	21.10

800 Meters		Comments
	Gingrich, Evan	2:27.40
	Milanes, Brian	
	Ellis, Garrett	2:01.90
	da Costa, Danny	2:05.20
	Kilkenny, Ryan	2:04.40
	Thornton, DJ	2:05.10

200 Meters		Comments
	Veiksans, Michael	25.60
	Flores, Brian	27.60
	Hyman, Raymond	27.50
	Nash, Jamaad	27.60
	Franklin, Damien	26.50

Majano, John	30.80
Robertson, Djani	36.00
Pinkard, Aaron	26.60
Beaty, Mike	27.30
Regman, Stephen	26.40

3200 Meters		Comments
Carnet, Nick	11:12.20	
Mulligan, Kevin	11:13.90	
Krienke, Robbie	12:20.00	

4x400 Relay "A"			Comments
da Costa, Danny	400	56.70	
Thornton, DJ	400	57.30	
Kilkenny, Ryan	400	54.40	
Kinney, Russell	400	58.70	
			3:46.90

4x400 Relay "B"			Comments
Kelly, Brandon	400	1:00.00	
Franklin, Damien	400	1:06.90	
Gingrich, Evan	400	1:03.60	
Veiksans, Michael	400	58.70	
			4:09.20

Long Jump		Comments
Nwafor, Obinna	19' 10.00"	
Zukowski, Keith	18' 06.00"	
Regman, Stephen	16' 07.00"	
Nash, Jamaad	15' 07.00"	
Flores, Brian	14' 09.00"	
Kelly, Brandon	13' 01.00"	
Franklin, Damien	13' 01.00"	
Veiksans, Michael	13' 03.00"	

Triple Jump		Comments
Nwafor, Obinna	40' 06.00"	
Regman, Stephen	37' 04.00"	
Nash, Jamaad	34' 05.00"	
Flores, Brian	33' 02.00"	

High Jump		Comments
Nwafor, Obinna	5' 06.00"	
Zukowski, Keith	5' 00.00"	
Regman, Stephen	4' 10.00"	
Nash, Jamaad	5' 02.00"	
Flores, Brian	4' 08.00"	



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Franklin, Damien 4' 06.00"
Veiksans, Michael 4' 06.00"

Shot Put

Comments

Eke, Charles
Doherty, Aaron
McElroy, Matt
Pauline, Andrew

Discus

Comments

Eke, Charles
Doherty, Aaron
McElroy, Matt
Brown, Chris
Pauline, Andrew

Javelin

Comments

Brown, Chris