



# Mountain Valley Conference Relay Championships at Governor Livingston High

4/21/2009, 4/22/2009

## 3x400 IH 6th Place

Comments

Kelly, Brandon	400 IH	1:02.40
Pinkard, Aaron	400 IH	1:01.50
Sarkodie, Alex	400 IH	1:06.40
		<b>3:11.20</b>

## DMR 12-4-8-16 4th Place

Comments

Gingrich, Evan	1200	3:28.50
Eke, Allen	400	53.70
O'Donnell, Matt	800	2:07.20
Mulligan, Kevin	1600	4:58.30
		<b>11:27.60</b>

## 4x100 Relay 2nd Place

Comments

Cowherd, Michael	100	
Stubbs, Shariff	100	
Peru, Jordan	100	
Rembert, Braeden	100	
		<b>43.60</b>

## 4x800 Relay 1st Place

Comments

Gingrich, Evan	800	2:02.30
O'Donnell, Matt	800	2:04.40
Mulligan, Kevin	800	2:04.10
da Costa, Danny	800	1:59.70
		<b>8:11.50</b>

## SMR 2-2-4-8 2nd Place

Comments

Stubbs, Shariff	200	21.90
Peru, Jordan	200	22.80
Cowherd, Michael	400	51.90
Kilkenny, Danny	800	2:06.60
		<b>3:43.80</b>

## Shuttle Hurdles 110m 4th Place

Comments

Sarkodie, Alex	110 HH	16.60
Pinkard, Aaron	110 HH	18.40
Hassan, Kaream	110 HH	18.80
Nash, Jamaad	110 HH	17.30
		<b>1:11.00</b>

## 4x200 Relay 1st Place

Comments

Stubbs, Shariff	200	22.50
Peru, Jordan	200	22.70
Veiksans, Michael	200	22.60
Cowherd, Michael	200	22.90
		<b>1:30.60</b>

## 4x400 Relay 3rd Place

Comments

Veiksans, Michael	400	52.80
Peru, Jordan	400	52.80
Kelly, Brandon	400	53.40
Pinkard, Aaron	400	54.90
		<b>3:34.00</b>

## Shot Put (Team)

Comments

Davidson, Marty	43' 09.00"
Hyppolite, AJ	
Campbell, Andrew	
<b>43' 09.00"</b>	

## High Jump (Team) 3rd Place

Comments

Nash, Jamaad	5' 08.00"
Sarkodie, Alex	5' 03.00"
<b>10' 11.00"</b>	

## Triple Jump (Team) 2nd Place

Comments

Nash, Jamaad	41' 01.00"
Flores, Brian	39' 00.50"
<b>80' 01.50"</b>	

## Discus (Team)

Comments

Hyppolite, AJ	
Campbell, Andrew	
Vargo, Brandon	
<b>00.00"</b>	

## Long Jump (Team) 3rd Place

Comments

Nash, Jamaad	
Flores, Brian	
<b>10' 11.00"</b>	

## Javelin (Team)

Comments

Connell, Tim	
Brown, Chris	
Davidson, Marty	
<b>00.00"</b>	