



# Catholic Conference Relays at Armory Track & Field Center, NY (Boys)

1/3/2010

## Shuttle Hurdles 55m (3:00 PM)

### Comments

Sarkodie, Alex	55 HH	7.90	
Cruz, Daniel	55 HH	8.40	
Milord, Alex	55 HH	10.30	PR (-01.00)
Costello, Darryl	55 HH	10.80	PR (-02.10)
		<u>37.40</u>	

## DMR 12-4-8-16 "A" (3:00 PM)

### 1st Place

### Comments

### Split Times

				1	2	3	4
O'Donnell, Matt	1200	3:17.30	PR (-17.00)	1:06.00	1:04.10	1:07.00	
Veiksans, Michael	400	52.70		23.60	29.10		
Siburn, Sean	800	2:06.70		28.80	1:00.00	1:32.90	2:06.70
Mulligan, Kevin	1600	4:36.20	PR (-20.20)	2:18.70	2:17.50		
		<u>10:53.10</u>					

## DMR 12-4-8-16 "B" (3:00 PM)

### Comments

### Split Times

				1	2	3	4
Seebode, Joe	1200	3:36.60					
Mintel, Mark	400	56.20	PR (-01.10)	26.50	29.70		
Enright, Joey	800	2:13.30	PR (-03.20)	30.40	31.60	34.50	36.80
Cahill, Mike	1600	5:06.00		2:29.10	2:36.90		
		<u>11:52.10</u>					

## 4x200 Relay "A"

### 4th Place

### Comments

Kelly, Brandon	200	24.30	
Veiksans, Michael	200	22.60	PR (-01.30)
Sarkodie, Alex	200	24.40	
Eke, Allen	200	23.30	
		<u>1:34.80</u>	

## 4x200 Relay "B"

### Comments

Pons, Rob	200	26.10	
Edney, Juan	200	25.70	PR (-01.20)
Mintel, Mark	200	25.00	PR (-00.50)
Rembert, Braeden	200	24.50	PR (-00.30)
		<u>1:41.30</u>	

## 4x200 Relay "C"

### Comments

Milord, Alex	200	27.40	PR (-00.10)
Martinez-dejulio,	200	27.80	PR (-00.60)
Friel, John	200	35.80	
Eastman, Mike	200	40.70	
		<u>2:11.70</u>	

## Frosh 4x200 Relay

### Comments

Dick, Miles	200	30.50	
Scordino, Michael	200	35.10	
Miranda, Trevor	200	36.80	Fell
Ghizzone, Zach	200	37.10	
		<u>2:19.50</u>	



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Frosh 4x800 Relay			Split Times			
		Comments	1	2	3	4
DeAngelis, Mike	800	2:22.70	28.50	33.20	38.70	42.10
Majano, Arnold	800	2:29.50	34.00	37.60	38.50	39.30
O' Reilly, Brendan	800	2:24.70	PR (-03.90)	30.30	34.00	39.60
Roberts, Matt	800	2:33.40	37.30		1:18.80	37.90
			<b>9:50.30</b>			

4x800 Relay "A" 3rd Place			Split Times			
		Comments	1	2	3	4
Gingrich, Evan	800	2:04.00	29.20	31.60	32.10	30.90
Siburn, Sean	800	2:06.50	PR (-00.20)	29.70	31.40	32.10
Mulligan, Kevin	800	2:04.80	28.70	31.20	32.40	32.20
O'Donnell, Matt	800	2:05.10	30.00	31.70		1:03.40
			<b>8:20.60</b>			

4x800 Relay "B"			Split Times			
		Comments	1	2	3	4
Seebode, Joe	800	2:17.70	PR (-01.90)	32.30	34.10	35.80
Fuchs, Michael	800	2:20.00	PR (-01.90)	32.90	34.90	36.40
Cahill, Mike	800	2:23.00	31.70	34.90	38.20	38.00
Enright, Joey	800	2:18.70	31.60	34.20	36.00	36.70
			<b>9:19.40</b>			

SMR 4-2-2-8 "A"			Split Times			
		Comments	1	2	3	4
Kelly, Brandon	400	57.10				
Rembert, Braeden	200	24.80				
Mintel, Mark	200	25.50				
Butterly, Brian	800	2:18.80	PR (-02.40)			
			<b>4:06.20</b>			

SMR 4-2-2-8 "B"			Split Times			
		Comments	1	2	3	4
Milord, Alex	400	59.60	29.00	30.00		
Pons, Rob	200	25.40	PR (-00.70)			
Costello, Darryl	200	25.90	PR (-00.20)			
Coughlan, Kevin	800	2:20.90	PR (-01.30)	31.40	35.10	37.50
			<b>4:11.80</b>			

SMR 4-2-2-8 "C"			Split Times			
		Comments	1	2	3	4
DiGiovanni, Ken	400	1:07.60	PR (-02.10)	31.90	35.60	
Cruz, Daniel	200	26.00				
Martinez-dejulio,	200	28.40				
Gerlitz, Will	800	2:28.80	29.80	35.80	40.40	42.80
			<b>4:30.80</b>			

Frosh 4x400 Relay "A" 2nd Place			Split Times	
		Comments	1	2
DeAngelis, Mike	400	55.80	PR (-00.70)	26.60
Majano, Arnold	400	1:02.40	30.30	32.10
O' Reilly, Brendan	400	1:02.30	26.10	36.20
Roberts, Matt	400	1:05.10	30.90	34.20
			<b>4:05.60</b>	



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Frosh 4x400 Relay "B"			Split Times			
		Comments	1	2	3	4
Fuchs, Michael	400	1:02.30	PR (-01.50)	29.30	33.00	
Dick, Miles	400	1:10.00		30.90	39.10	
Scordino, Michael	400	1:17.50		35.10	43.40	
Miranda, Trevor	400	1:12.90		32.90	40.00	
				<b>4:42.70</b>		

4x400 Relay "A"			Split Times	
3rd Place			1	2
		Comments		
Sarkodie, Alex	400	54.50	24.90	29.60
Veiksans, Michael	400	52.70	26.00	26.70
Gingrich, Evan	400	53.10	25.00	28.10
Eke, Allen	400	51.40	24.30	27.10
			<b>3:31.90</b>	

4x400 Relay "B"			Split Times	
		Comments	1	2
Rembert, Braeden	400	59.80	39.30	30.50
Cruz, Daniel	400	58.70	27.10	31.60
Edney, Juan	400	59.70	28.70	31.00
Costello, Darryl	400	57.80	27.20	30.60
			<b>3:56.00</b>	

High Jump (Team) (3:00 PM)		Comments
Sarkodie, Alex	5' 08.00"	
Eke, Allen	NH' 00.00"	
		<b>5' 08.00"</b>

Varsity Shot Put (Team) (3:00 PM)		Comments
3rd Place		
		Comments
Sancho, Marcus	44' 03.00"	PR (+1' 10.00")
Davidson, Marty	44' 01.50"	PR (+1' 00.00")
Campbell, Andrew	39' 03.00"	
		<b>127' 07.50"</b>

Shot Put (Team) (3:00 PM)		Comments
Yearwood, Jonathan	35' 08.00"	PR (+07.25")
Heimbuch, Alex	29' 00.50"	
Mcdonough, Connor	25' 08.25"	
		<b>90' 04.75"</b>