



UC vs Cranford at Warinanco Park (Boys)

9/29/2010

We need to be consistent

Frosh 3200 Meters (4:30 PM)	Comments	Pace	Split Times	
			1.0 mile	
Busch, Brandon	14:10.00	7:07	14:10.00	
Nugent, Tim	14:10.00	7:07	7:02.00	
Thomas, Caleb	14:10.00	7:07	7:02.00	
Tidd, Ethan	14:58.00	7:31	7:23.00	
Calix, Craig	15:12.00	7:38	7:20.00	
Zivny, Alex	15:20.00	7:42	7:38.00	

5150 Meters (4:30 PM)	Comments	Pace	Split Times	
			1.0 mile	2.0 miles
Roberts, Matt	18:55.00 <i>PR (-2:43.00)</i>	5:54	5:56.00	11:36.00
Mintel, Mark	19:17.00 <i>PR (-2:17.00)</i>	6:01	5:57.00	11:48.00
Evely, Kenny	19:35.00	6:07	6:06.00	12:10.00
Ghizzone, Andrew	19:55.00	6:13	6:07.00	12:17.00
Barbosa, Christian	20:02.00	6:15	5:57.00	12:05.00
Seebode, Jp	20:40.00	6:27	6:24.00	12:42.00
Hay, Andrew	20:41.00	6:27	6:03.00	12:35.00
Siegal, Derek	20:43.00	6:28	6:30.00	12:55.00
Enright, Joey	20:47.00	6:29	6:01.00	12:18.00
O' Reilly, Brendan	21:05.00	6:35	6:05.00	12:42.00
Ghizzone, Zach	21:10.00 <i>PR (-1:55.00)</i>	6:36	6:35.00	13:08.00
Wright, Arthur	21:29.00	6:42	6:30.00	13:00.00
Johnson, Collin	21:38.00	6:45	6:45.00	13:35.00
Ledet, Alex	22:50.00	7:08	6:35.00	13:26.00
Palmer, Barrington	25:04.00	7:50	7:02.00	14:53.00

Performer of the Meet: Zach Ghizzone