



UC vs Summit at Rahway Park (Boys)

9/24/2012

Weather: 70 Degrees

Strong Day Overall

5K (4:45 PM)	Comments	Pace	Split Times	
			1.0 mile	2.0 miles
1 Roberts, Matt	18:08.00 <i>PR (-49.00)</i>	5:50	5:37.00	11:37.00
Seebode, Jp	18:36.00	5:59	5:43.00	11:49.00
Perona, Joe	18:37.00 <i>PR (-1:01.00)</i>	5:59	5:46.00	11:51.00
Ghizzone, Zach	18:39.00	6:00	5:39.00	11:45.00
Scafer, Jesse	18:56.00 <i>PR (-33.00)</i>	6:05	5:45.00	11:54.00
Sikora, Andrew	19:11.00 <i>PR (-24.00)</i>	6:10	6:03.00	12:26.00
DeAngelis, Mike	19:25.00 <i>PR (-1:21.00)</i>	6:14	5:47.00	12:08.00
Sagendorf, Brian	19:32.00 <i>PR (-1:20.00)</i>	6:17	6:08.00	12:29.00
Novack, Luke	19:33.00 <i>PR (-49.00)</i>	6:17	6:06.00	12:29.00
Williams, Bishop	21:08.00 <i>PR (-52.00)</i>	6:48	6:46.00	13:46.00
Veliakath, Joe	21:13.00 <i>PR (-1:53.00)</i>	6:49	6:45.00	13:47.00
Nugent, Tim	21:21.00 <i>PR (-34.00)</i>	6:52	6:40.00	13:41.00
Cuppari, Nick	21:51.00 <i>PR (-1:14.00)</i>	7:01	6:52.00	14:13.00
Perona, Jimmy	21:54.00	7:02	6:45.00	14:12.00
Pagan, Joel	30:08.00	9:41	7:38.00	16:59.00

JV 3200 Meters (4:45 PM)	Comments	Pace	Split Times
			1.0 mile
Moncada, Matius	14:17.00	7:11	7:10.00
Muhammad, Alfred	14:41.00	7:23	7:08.00
Birritteri, Nick	14:59.00	7:32	7:20.00
Kusi, Jamelle	15:08.00	7:36	7:08.00
Miranda, Chris	15:14.00	7:39	7:08.00
Diaz, Sebastian	15:20.00	7:42	7:13.00
McTernan, Nick	15:32.00	7:48	7:08.00
Tyburczy, Alexei	15:53.00	7:59	7:40.00
Murphy, Conor	16:49.00	8:27	7:41.00
Patel, Karan	17:33.00	8:49	8:10.00
Kaluzny, Ian	18:32.00	9:19	8:12.00

JV 1600 Meter Run (4:45 PM)	Comments	Pace
Johnson, Ryan	8:27.00 <i>PR (-12.00)</i>	8:27
O'Neill, Liam	9:43.00	9:43

Performers of the Meet:
Joe Perona & Joe Veliakath