



The Metuchen Relays at Metuchen High School (Boys)

4/6/2013

Weather: Low 50's, Fairly Windy

Nice Showing! Let's Keep Working...

5000 Meters (9:00 AM)

Comments

21	Barbosa, Christian	16:39.72
28	Roberts, Matt	17:13.69
36	Perona, Joe	17:38.89

CB: 5:14, 10:32, 16:00 - SCHOOL RECORD

MR: 5:27, 10:58, 16:35

JP: 5:27, 11:06, 16:56

4x100 Relay

6th Place

Comments

Fields, Darren	100	
Marshall, Joe	100	
Benoit, Roberto	100	Stick
Dos Santos, Tiago	100	
		49.27

4x800 Relay

2nd Place

Comments

McLaughlin, Taylor	800	1:59.90	58
DeAngelis, Mike	800	2:06.10	26 56.5
Siegal, Derek	800	2:04.80	27 57, PR (-06.40)
Animashaun, Obafemi	800	2:02.50	26.8 55.5
		8:14.11	

4x200 Relay "A"

2nd Place

Comments

Franco, Steve	200	22.80	PR (-00.60)
Eke, Devine	200	22.90	PR (-01.70)
Evely, Kenny	200	22.70	PR (-00.20)
Jimerson, Jordan	200	21.80	
		1:31.01	

4x200 Relay "B"

4th Place

Comments

Ryles, DaLon	200	24.00	
Banks, Cameron	200	24.60	
Gilbert, Serge	200	23.80	
Dos Santos, Tiago	200	25.50	
		1:37.90	

4x200 Relay "C"

9th Place

Comments

Fields, Darren	200	25.50	
Kusi, Jamelle	200	25.20	
Herron, Mike	200	24.70	PR (-00.30)
Marshall, Joe	200	25.90	Stick
		1:41.30	

1600 Meters

Comments

40	Seebode, Jp	5:12.35
42	Rhein, Nick	5:12.95 PR (-12.45)
44	Novack, Luke	5:12.98 PR (-02.82)
44	Perona, Jimmy	5:13.66 PR (-07.34)

Shuttle Hurdles 110m "A"

2nd Place

Comments

Animashaun, Obafemi	110 HH	14.60
Eke, Devine	110 HH	15.50
Gilbert, Serge	110 HH	15.90
Ghizzone, Zach	110 HH	14.80
		1:01.19

Shuttle Hurdles 110m "B"

1st Place

Comments

McLaughlin, Taylor	110 HH	14.80	
Gibbs, Tyrell	110 HH	14.90	PR (-00.20)
Ghizzone, Andrew	110 HH	14.90	PR (-00.70)
Scott, Christoffe	110 HH	14.50	PR (-00.10)
		59.57	

School Record

SMR 2-2-4-8

4th Place

Comments

Kusi, Jamelle	200	25.00	PR (-00.20)
Herron, Mike	200	26.30	
Stinfil, Sregor	400	57.60	
Benoit, Roberto	800	2:11.00	
		4:00.01	

SMR 1-1-2-4 "A"

2nd Place

Comments

Dos Santos, Tiago	100		
Ryles, DaLon	100		
Gilbert, Serge	200	23.60	PR (-00.20)
Franco, Steve	400	51.90	PR (-01.80)
		1:39.78	

DMR 12-4-8-16

1st Place

Comments

Wright, Arthur	1200	3:25.50	2:22 63
Banks, Cameron	400	55.50	
Sagendorf, Brian	800	2:10.20	65, 65, PR (-02.40)
Siegal, Derek	1600	4:42.50	2:21.3 2:21.2
		11:14.66	

4x400 Relay

1st Place

Comments

Ghizzone, Andrew	400	51.40
Evely, Kenny	400	49.90
DeAngelis, Mike	400	51.40
Jimerson, Jordan	400	48.70
		3:21.96

Long Jump

Comments

17	Gilbert, Serge	17' 08.75"	PR (+11.75")
26	Ryles, DaLon	16' 09.75"	
27	Wang, Thomas	16' 08.75"	



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Triple Jump

Comments

3	Scott, Christoffe	42' 01.50"
8	Ryles, DaLon	38' 08.75"

Shot Put (Team) "A"

1st Place

Comments

Esomonu, Chibueke	38' 11.00"
Sagendorf, Tom	38' 00.00"
	<u>76' 11.00"</u>

Shot Put (Team) "B"

Comments

Igori, Owen	38' 08.00"
Ghizzone, Andrew	28' 03.00"
	<u>66' 11.00"</u>

Shot Put (Team) "C"

Comments

Eastman, Mike	33' 04.00"	<i>PR (+08.50")</i>
Lawler, Matt	31' 05.00"	
	<u>64' 09.00"</u>	

Discus (Team) "A"

Comments

7	Sagendorf, Tom	107' 01.00"
11	Ghizzone, Andrew	102' 02.00"
		<i>PR (+5' 10.00")</i>
		<u>209' 03.00"</u>

Discus (Team) "B"

Comments

13	Esomonu, Chibueke	97' 09.00"
17	Lawler, Matt	88' 01.00"
		<u>185' 10.00"</u>

Javelin (Team) "A"

1st Place

Comments

2	Sagendorf, Brian	152' 09.00"	<i>PR (+3' 10.00")</i>
3	Sagendorf, Tom	135' 10.00"	
		<u>288' 07.00"</u>	

Javelin (Team) "B"

2nd Place

Comments

2	Ghizzone, Zach	137' 06.00"	
4	Florendo, DJ	135' 04.00"	<i>PR (+04.00")</i>
		<u>272' 10.00"</u>	

Javelin (Team) "C"

Comments

21	Eastman, Mike	83' 07.00"
22	Morgan, John	83' 01.00"
		<u>166' 08.00"</u>

Performer of the Meet: Steve Franco