



Central Jersey Shootout at Thompson Park (Boys)

9/28/2013

Weather: 70 / Sunny

A Few Nice Performances

Frosh 2.5 Miles (10:00 AM)

2nd Place

Comments

Pace

Split Times

1.0 mile

| | | | | |
|----|-------------------|----------|------|---------|
| 3 | Gibbs, Greg | 14:30.00 | 5:48 | 5:37.00 |
| 18 | O'Connor, Brendan | 15:40.00 | 6:16 | 6:05.00 |
| 49 | Connolly, Will | 19:34.00 | 7:49 | 7:19.00 |
| 52 | McGlew, Conor | 19:53.00 | 7:57 | 7:20.00 |
| 56 | Cardoso, Brandon | 24:45.00 | 9:54 | 8:52.00 |

JV 5K (10:30 AM)

Comments

Pace

Split Times

1.0 mile

| | | | | |
|-----|------------------|----------|------|---------|
| 25 | Veliakath, Joe | 19:09.00 | 6:09 | 5:56.00 |
| 41 | Pangan, Martin | 19:40.00 | 6:19 | 6:03.00 |
| 54 | Brewer, Ian | 20:08.00 | 6:28 | 6:08.00 |
| 62 | Tyburczy, Alexei | 20:30.00 | 6:35 | 6:08.00 |
| 82 | Lamanna, Chris | 21:16.00 | 6:50 | 6:30.00 |
| 93 | Moncada, Matius | 21:38.00 | 6:57 | 6:23.00 |
| 160 | McTernan, Nick | 28:14.00 | 9:05 | 8:17.00 |
| 161 | Johnson, Ryan | 29:34.00 | 9:30 | 8:02.00 |

Varsity 5K (11:00 AM)

Comments

Pace

Split Times

1.0 mile

| | | | | | |
|----|------------------|----------|----------------|------|---------|
| 12 | Sagendorf, Brian | 18:52.00 | <i>Key Man</i> | 6:04 | 5:51.00 |
| 13 | McCabe, Brendan | 18:52.00 | <i>Key Man</i> | 6:04 | 5:52.00 |
| 17 | Perona, Jimmy | 17:14.00 | <i>Stud</i> | 5:32 | 5:15.00 |
| 19 | Wright, Arthur | 18:13.00 | <i>Pack</i> | 5:51 | 5:28.00 |
| 25 | Perona, Joe | 18:51.00 | <i>Pack</i> | 6:04 | 5:27.00 |
| 34 | Seebode, Jp | 17:49.00 | <i>Stud</i> | 5:44 | 5:22.00 |
| 35 | Novack, Luke | 19:30.00 | <i>Pack</i> | 6:16 | 5:28.00 |
| 38 | Rhein, Nick | 18:07.00 | <i>Stud</i> | 5:49 | 5:20.00 |

Performer of the Meet: Joe Veliakath