



Shore Coaches Invitational at Holmdel Park (Boys)

10/4/2014

Weather: 63 / Heavy Rain

Very Strong Day! Let's Keep Improving!

Frosh 3200 Meters (9:00 AM)

3rd Place

		Comments	Pace	Split Times
				1.0 mile
6	Cadas, Justin		6:06	6:01.00
9	Rodriguez, Andre		6:07	6:01.00
11	Garrity, Trevor		6:14	6:05.00
45	Malar, Brian		6:59	6:56.00
83	Albanese, Christian		7:22	7:35.00
105	Johnson, Makay		7:40	7:48.00
122	McKinney, Justin		7:57	7:58.00

Justin - Freshman Class Record

Varsity 5K (10:20 AM)

4th Place

		Comments	Pace	Split Times	
				1.0 mile	2.0 miles
6	Papachristos, Nate		5:35	5:57.00	11:41.00
21	Perona, Jimmy		5:47	5:58.00	11:54.00
34	McCabe, Brendan		5:53	6:04.00	12:05.00
36	Robinson, Trae		5:56	6:00.00	12:01.00
49	Gibbs, Greg		6:00	6:10.00	12:16.00
57	Henderson, Jakell		6:03	6:09.00	12:05.00
61	Veliakath, Joe	PR (-51.64)	6:05	6:11.00	12:22.00

JV 5K (11:55 AM)

1st Place

		Comments	Pace	Split Times	
				1.0 mile	2.0 miles
3	Novack, Luke		6:09	6:30.00	12:39.00
8	Sagendorf, Brian	PR (-19.15)	6:12	6:18.00	12:42.00
12	Birritteri, Nick		6:16	6:35.00	12:57.00
13	Tyburczy, Alexei	PR (-1:15.46)	6:17	6:34.00	12:56.00
20	Moncada, Matius	PR (-1:06.03)	6:23	6:37.00	13:09.00
26	Cuppari, Nick		6:27	6:39.00	13:22.00
39	O'Connor, Brendan		6:36	6:43.00	13:29.00
63	Kaluzny, Ian		6:53	7:05.00	14:12.00
67	Lamanna, Chris		6:54	7:07.00	14:12.00
87	Miranda, Chris	PR (-51.09)	7:06	7:32.00	14:50.00
92	Nucatola, Tom		7:14	7:11.00	14:45.00
122	Patel, Karan		7:43	8:13.00	15:58.00
126	Porras, Zach		7:46	8:17.00	16:24.00
151	McTernan, Nick		8:14	8:18.00	16:52.00