



# Catholic Conference Relays at Armory Track & Field Center, NY (Girls)

1/2/2005

## Varsity 4x200 Relay

**4th Place**

Comments

|                   |     |                |
|-------------------|-----|----------------|
| Broderick, Ashley | 200 | 29.30          |
| Harris, Alisa     | 200 | 29.50          |
| King, Nicole      | 200 | 30.00          |
| Seniszyn, Jen     | 200 | 27.30          |
|                   |     | <b>1:55.90</b> |

## Frosh 4x800 Relay

Comments

|                     |     |                 |
|---------------------|-----|-----------------|
| Arrojado, Stephanie | 800 | 2:58.90         |
| Whitefleet, Allie   | 800 | 2:53.80         |
| Gigl, Katie         | 800 | 2:45.10         |
| Roth, Jillian       | 800 | 2:40.60         |
|                     |     | <b>11:18.40</b> |

## Varsity 4x400 Relay

Comments

|                     |     |                |
|---------------------|-----|----------------|
| Kelly, Bree         | 400 | 1:12.30        |
| Monroe, Caitlin     | 400 | 1:15.00        |
| Whitefleet, Allie   | 400 | 1:14.30        |
| Arrojado, Stephanie | 400 | 1:12.50        |
|                     |     | <b>4:53.90</b> |

## SMR 2-2-4-8

Comments

|                   |     |                |
|-------------------|-----|----------------|
| Broderick, Ashley | 200 | 30.10          |
| Seniszyn, Jen     | 200 | 27.50          |
| Harris, Alisa     | 400 | 1:06.80        |
| Roth, Jillian     | 800 | 2:36.80        |
|                   |     | <b>4:41.10</b> |

## Long Jump (Team)

Comments

|                   |                   |
|-------------------|-------------------|
| Broderick, Ashley | 14' 10.00"        |
| Seniszyn, Jen     | 12' 08.00"        |
|                   | <b>27' 06.00"</b> |