



Shore Coaches Invitational at Holmdel Park (Girls)

10/6/2012

Nice Effort Today

Varsity 5K (11:50 AM)		Comments	Pace	Split Times	
				1.0 mile	2.0 miles
16	Johnson, Asia	21:25.00	6:53	6:56.00	14:09.00
32	Herron, Jenny	22:07.00 <i>PR (-1:09.00)</i>	7:07	7:06.00	14:32.00
39	Majano, Lila	22:37.00 <i>PR (-2:22.00)</i>	7:16	7:33.00	15:06.00
96	Annunziata, Stephanie	26:15.00	8:26	7:54.00	17:49.00

Varsity "D" Race

Frosh 3200 Meters (9:15 AM)		Comments	Pace	Split Times
				1.0 mile
15	Rhein, Molly	15:26.00	7:45	7:36.00

Performer of the Meet: Lila Majano