



# NJCTC Frosh Soph Championship at Bennett Complex, Toms River (Girls)

1/26/2013

*A lot of PR's!*

## Soph 55 Meter HH (4:00 PM)

### Comments

6 Jackson, Miyah 11.30 *PR (-01.00)*

## Frosh 55 Meter Dash (4:30 PM)

### Comments

Grieco, Kelly 8.60

Jones, Jayda 8.60

Ghizzone, Allyson 9.00

Williams, Alexandra 9.30

## Soph 55 Meter Dash (4:35 PM)

### Comments

Obaze, Tonna 8.20 *PR (-00.20)*

## Soph 3200 Meters (5:00 PM)

### Comments

5 Couto, Dana 12:51.00

## Frosh 200 Meters (6:10 PM)

### Comments

6 Ifill, Tatiana 31.10

Jones, Jayda 32.20

Grieco, Kelly 32.40

Williams, Alexandra 33.80

Ghizzone, Allyson 34.40

## Soph 200 Meters (6:15 PM)

### Comments

Obaze, Tonna 30.70 *PR (-00.70)*

Jackson, Miyah 32.60

## Frosh 800 Meters (6:40 PM)

### Comments

Nugent, Kristen 2:52.00 *1:23,PR (-17.20)*

Sluka, Gabby 3:21.60 *1:33,PR (-08.50)*

## Soph 800 Meter Run (6:50 PM)

### Comments

5 Annunziata, Stephanie 2:45.90 *1:21,PR (-04.56)*

6 Woody, Olivia 2:49.50 *1:22,PR (-00.30)*

## Frosh 4x400 Relay (7:50 PM)

### 6th Place

### Comments

Ifill, Tatiana 400 1:15.70 35

Ghizzone, Allyson 400 1:17.40 *35.1,PR (-03.50)*

Grieco, Kelly 400 1:15.90 *35.6,PR (-01.70)*

Williams, Alexandra 400 1:18.70 35.8

**5:07.70**

## Soph 4x400 Relay (7:55 PM)

### 5th Place

### Comments

Woody, Olivia 400 1:08.90 33.1

Couto, Dana 400 1:12.30 *33.6,PR (-01.90)*

Annunziata, Stephanie 400 1:11.40 32.1

Jackson, Miyah 400 1:12.90 *35.1,PR (-06.10)*

**4:45.50**

## Shot Put

### Comments

4 Harris, Yosmeen 27' 00.00"

### Performers of the Meet:

*Kristen Nugent & Tonna Obaze*