



UC vs Rahway and Cranford at Warinanco Park (Girls)

9/20/2016

Nice Improvements!

5150 Meters (4:15 PM)		Comments	Pace	Split Times		
				1.0 mile	2.0 miles	
1	Lufrano, Jerika	19:41.00	<i>PR (-07.05)</i>	6:09	6:12.00	12:25.00
2	McCabe, Megan	20:54.00		6:31	6:22.00	12:50.00
	Morant, Leena	22:36.00		7:03	7:00.00	14:24.00
	Sullivan, Caroline	22:50.00		7:08	6:45.00	14:06.00
	Ysaac, Zamira	23:25.00		7:19	7:00.00	14:39.00
	Lee, Zoe'	23:26.00		7:19	7:12.00	14:39.00
	Patterson, Ashleigh	23:33.00	<i>PR (-26.00)</i>	7:21	7:00.00	14:39.00
	Wlodarski, Monika	23:34.00		7:21	7:00.00	14:39.00
	Palacio, Emma	24:50.00		7:45	6:55.00	14:39.00
	Rivera, Alysa	24:59.00		7:48	7:03.00	15:10.00
	Tangreti, Sophia	25:11.00		7:52	7:12.00	15:10.00
	Williams, Shyla	25:25.00		7:56	7:12.00	15:40.00
	Jackson, Morgan	25:25.00		7:56	7:12.00	15:13.00
	Gallahue, Emma	26:12.00	<i>PR (-1:26.00)</i>	8:11	7:50.00	16:21.00
	Sullivan, Deidre	30:13.00	<i>PR (-2:46.00)</i>	9:26	8:38.00	18:37.00

JV 3200 Meters (4:15 PM)		Comments	Pace	Split Times	
				1.0 mile	
	Davis, Audrey	17:34.00	8:50	7:46.00	
	Valendo, Kaitlyn	21:49.00	<i>PR (-24.00)</i>	10:58	10:25.00