



Best Boys Track & Field Seasonal Performances

12/27/2009 - 3/14/2010

55 (Open)

Braeden Rembert	6.70
Mike DeAngelis	6.90
Brandon Kelly	6.98
Rob Pons	7.10
Rey Lopez	7.24
Kaream Hassan	7.26
Juan Edney	7.41
Alex Milord	7.44
Barrington Palmer	7.80
John Friel	9.10
Mike Eastman	9.70

55 HH (Open)

Rey Lopez	7.90
Kaream Hassan	8.30
Raymond Hyman	8.30
Alex Sarkodie	8.30
Daniel Cruz	8.91
Darryl Costello	10.50
Barrington Palmer	10.60
Miles Dick	11.20

55 HH (Relay)

Rey Lopez	7.70
Alex Sarkodie	7.70
Daniel Cruz	7.90
Raymond Hyman	8.00
Aaron Pinkard	9.20
Alex Milord	10.30
Darryl Costello	10.80

60 Y (Open)

Braeden Rembert	7.00
Mike DeAngelis	7.20
Rob Pons	7.20
Alex Milord	7.30
John Friel	9.10
Mike Eastman	10.10
Darryl Costello	11.10
Miles Dick	11.60
Barrington Palmer	11.60

1.0 mile (Open)

DJ Thornton	4:26.70
Michael Fuchs	5:19.50
Will Gerlitz	5:43.50
Arnold Majano	5:43.50
Matt Roberts	5:51.10
Trevor Miranda	6:41.80

200 (Open)

Braeden Rembert	25.30
Darryl Costello	25.90
Rob Pons	25.90
Alex Milord	27.30
Anthony Martinez-dejulio	28.30
Miles Dick	30.90
Michael Scordino	32.90
John Friel	34.20
Mike Eastman	39.70

200 (Relay)

Michael Veiksans	22.60
Evan Gingrich	23.20
Allen Eke	23.30
Brandon Kelly	23.30
Alex Sarkodie	24.00
Braeden Rembert	24.10
Mark Mintel	24.50
Mike DeAngelis	25.10
Rob Pons	25.40
Juan Edney	25.70
Darryl Costello	25.90
Daniel Cruz	26.00
Alex Milord	27.40
Anthony Martinez-dejulio	27.50
Brendan O' Reilly	27.50
Miles Dick	30.30
Michael Scordino	35.10
John Friel	35.80
Trevor Miranda	36.80
Zach Ghizzzone	37.10
Mike Eastman	40.70

300 (Open)

Michael Veiksans	37.45
Brandon Kelly	37.71
Braeden Rembert	40.21
Kaream Hassan	40.53
Alex Milord	41.47

400 (Open)

Allen Eke	52.25
Michael Veiksans	53.60
Mike DeAngelis	54.30
Brandon Kelly	54.62
Mark Mintel	55.46
Alex Milord	58.60
Anthony Martinez-dejulio	1:03.40
Barrington Palmer	1:05.70
Miles Dick	1:08.80
Michael Scordino	1:16.30

400 (Relay)

Allen Eke	50.50
DJ Thornton	52.30
Michael Veiksans	52.30
Evan Gingrich	52.60
Mike DeAngelis	53.90
Brandon Kelly	54.10
Alex Sarkodie	54.30
Matt O'Donnell	55.10
Mark Mintel	56.10
Braeden Rembert	56.60
Darryl Costello	57.40
Alex Milord	57.70
Raymond Hyman	58.00
Daniel Cruz	58.70
Brendan O' Reilly	58.70
Juan Edney	59.20
Arnold Majano	1:01.80
Will Gerlitz	1:01.90
Michael Fuchs	1:02.30
Matt Roberts	1:03.60
Ken DiGiovanni	1:07.60
Miles Dick	1:10.00



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Trevor Miranda	1:12.90	Trevor Miranda	2:42.40	Matt Roberts	3:16.70
Michael Scordino	1:17.50				
440 Y (Open)		800 (Relay)		1200 (Relay)	
Darryl Costello	1:04.40	DJ Thornton	1:55.80	Evan Gingrich	3:17.20
Alex Milord	1:04.40	Matt O'Donnell	2:00.80	Matt O'Donnell	3:17.30
Anthony Martinez-dejulio	1:10.90	Allen Eke	2:00.90	Kevin Mulligan	3:18.70
Barrington Palmer	1:16.20	Evan Gingrich	2:01.70	Sean Siburn	3:33.30
Miles Dick	1:16.70	Kevin Mulligan	2:02.80	Joe Seebode	3:36.60
Michael Scordino	1:23.80	Sean Siburn	2:05.40		
John Friel	1:32.30	Mike Cahill	2:12.70	1600 (Open)	
Mike Eastman	1:48.10	Joey Enright	2:13.30	DJ Thornton	4:12.54
		Joe Seebode	2:15.70	Kevin Mulligan	4:34.98
440 Y (Relay)		Brian Butterly	2:18.80	Matt O'Donnell	4:39.79
Braeden Rembert	1:03.70	Michael Fuchs	2:20.00	Evan Gingrich	4:41.77
Brendan O' Reilly	1:04.50	Kevin Coughlan	2:20.90	Joe Seebode	4:55.43
Alex Milord	1:06.50	Brendan O' Reilly	2:22.20	Michael Fuchs	4:59.31
Rob Pons	1:10.90	Mike DeAngelis	2:22.70	Brian Butterly	5:05.60
Anthony Martinez-dejulio	1:12.00	Will Gerlitz	2:28.80	Arnold Majano	5:14.80
Christian Barbosa	1:14.00	Arnold Majano	2:29.50	Matt Roberts	5:19.80
Trevor Miranda	1:15.00	Matt Roberts	2:33.20		
Miles Dick	1:20.00	Ken DiGiovanni	2:35.30	1600 (Relay)	
				DJ Thornton	4:14.80
600 (Open)		880 Y (Open)		Kevin Mulligan	4:36.20
Allen Eke	1:27.37	Mike DeAngelis	2:24.20	Mike Cahill	4:56.00
Mark Mintel	1:31.23	Brendan O' Reilly	2:30.90	Michael Fuchs	5:04.40
Mike DeAngelis	1:36.95	Michael Fuchs	2:33.30		
		Arnold Majano	2:40.50	3200 (Open)	
600 (Relay)		Will Gerlitz	2:41.20	DJ Thornton	9:40.03
Arnold Majano	1:49.00	Matt Roberts	2:47.20	Mike Cahill	10:02.46
		Ken DiGiovanni	2:52.80	Kevin Mulligan	10:31.94
800 (Open)		Christian Barbosa	2:54.00	Michael Fuchs	10:40.96
Evan Gingrich	2:00.38				
Allen Eke	2:05.30	1000 (Open)		High Jump	
Matt O'Donnell	2:08.90	Joe Seebode	2:53.98	Alex Sarkodie	5' 10.00"
Joey Enright	2:12.90	Joey Enright	3:00.22	Kaream Hassan	5' 06.00"
Brian Butterly	2:14.62	Brian Butterly	3:01.29	Allen Eke	5' 02.00"
Mark Mintel	2:15.20	Kevin Coughlan	3:08.60		
Brendan O' Reilly	2:17.20			Shot Put (12 lb)	
Mike DeAngelis	2:22.00	1000 (Relay)		Marcus Sancho	45' 10.75"
Kevin Coughlan	2:22.70	Mike Cahill	2:51.90	Marty Davidson	45' 06.00"
Will Gerlitz	2:25.90	Joe Seebode	2:58.80	Andrew Campbell	39' 09.50"
Ken DiGiovanni	2:32.40	Michael Fuchs	3:02.40	Jonathan Yearwood	35' 08.00"
Christian Barbosa	2:33.20	Arnold Majano	3:14.60	Alex Heimbuch	33' 00.00"
				Juan Edney	30' 03.00"



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Connor Mcdonough	25' 08.25"
Derek Hoff	23' 05.00"